

Packing List for Men

This list is meant to be a comprehensive packing list. Feel free to cross out items that you don't use / need for your travel. To access a digital version that is customizable, please enroll in the Travel Essentials Course and access the Resources Toolkit.

Clothing

- ☐ Pants / Shorts

- ☐ Shirts

- ☐ Socks
- ☐ Underwear
- ☐ Pajamas
- ☐ Suit / Formal wear
- ☐ Gym / Workout Clothes
- ☐ Swimwear

Shoes

- ☐ Gym / Walking Shoes
- ☐ Casual Shoes
- ☐ Dress Shoes
- ☐ Sandals
- ☐ Boots

Personal Items

- ☐ Glasses / Contacts
- ☐ Medications – Prescription and OTC
- ☐ Books / Reading Materials
- ☐ Pillow / Pillowcase
- ☐ Beach Towel / Beach Bag
- ☐ Sunglasses
- ☐ Hats
- ☐ Coats / Jackets / Gloves

Electronics / Supplies

- ☐ Cell Phone
- ☐ Phone Charger
- ☐ Laptop / iPad
- ☐ Electronics – Chargers
- ☐ Headphones / Earbuds / AirPods
- ☐ Notebook / Paper / Journal
- ☐ Pens / Pencils
- ☐ Camera / HD Cards
- ☐ Spotify Playlists / Music Downloads

Toiletries

- ☐ Toothbrush
- ☐ Toothpaste
- ☐ Shampoo
- ☐ Conditioner
- ☐ Body Wash
- ☐ Shaving Gel
- ☐ Razor
- ☐ Lotion
- ☐ Aftershave
- ☐ Deodorant
- ☐ Q-Tips
- ☐ Comb / Brush
- ☐ Blow Dryer
- ☐ Hair Gel / Hairspray
- ☐ Chapstick
- ☐ Nail Clippers / Nail File
- ☐ Sunscreen / Sunblock

Miscellaneous

- ☐ Driver's License
- ☐ Passport
- ☐ Wallet
- ☐ Travel Documents / Itinerary
- ☐ Tickets / Reservations
- ☐ Printed Maps / Directions
- ☐ Credit / Debit Cards
- ☐ Traveler's Checks / Cash / Checkbook
- ☐ Gift Cards
- ☐ Portable Steamer

Other Items

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____